

Canyons School District Health Guidelines

Condition	Exclusion/Non-Exclusion Criteria
<p>Colds or Persistent Cough</p>	<p>Students need to remain home if they feel unwell, have an excessive runny nose, excessive cough, excessive sore throat, fever, difficulty breathing (contact healthcare provider or call 911), or are unable to participate in school activities.</p> <p>Exclude if the student feels unwell, has a fever, excessive cough, or is unable to participate in school activities</p> <p>Return: fever free following fever guidelines, symptoms are improving, and student is able to participate in school activities.</p>
<p>Diarrhea (increased number of loose, watery stools compared with the child's normal pattern)</p>	<p>Exclude if diarrhea is causing accidents (toilet-trained) and if diarrhea is not contained (diapered students).</p> <p>Exclude if stool frequency is two (2) stools above typical for that student or whose stool contains more than a drop of blood or mucus.</p> <p>Return: when symptom free for 24 hours without symptom reducing medication or their healthcare provider has cleared them to return to school (documentation required).</p>
<p>Drowsiness or General Malaise</p>	<p>Exclude if student is unable to actively participate in school activities.</p> <p>Return: when symptoms are improved or resolved.</p>
<p>Fever</p>	<p>Exclude if temperature is 100.4 degrees F or greater and the student is exhibiting other signs & symptoms of illness.</p> <p>Exclude if temperature is 101 degrees F or greater with or without other symptoms of illness.</p> <p>Return: when fever free (less than 100.4 degrees F) without using fever reducing medication for at least 24 hours.</p>
<p>Hand, Foot, & Mouth</p>	<p>Exclude if the student is unable to participate in school activities, unable to control excessive drooling, or the student meets other exclusion criteria.</p> <p>Return: when exclusion criteria is improved or resolved.</p>
<p>Headache</p>	<p>Exclude from school and notify parents and healthcare provider if sudden severe headache with vomiting or stiff neck that might indicate meningitis.</p> <p>No Exclusion for common headaches as long as it does not compromise their ability to participate in school activities.</p>
<p>Pinkeye (Conjunctivitis)</p> <p>Includes: Bacterial, Viral, & Allergic</p>	<p>Signs & symptoms include pink or red, itchy, watery, painful eye(s) with or without white, yellow, or green discharge.</p> <ul style="list-style-type: none"> ● Notify family and recommend contacting their healthcare provider for further guidance. ● No Exclusion unless student is unable to participate in school activities or they meet other exclusion criteria. ● Encourage increased and careful hand hygiene for all students in the affected class, especially after touching the eyes, nose, and mouth.

Rash with a fever	Follow fever exclusion guidelines. Student may return after a healthcare provider determines the illness is not a communicable disease.
Sores (Any skin lesion in a weeping stage)	No Exclusion required if covered and/or healthcare provider confirms the sore is non-infectious. Student may return when the lesion can be covered or is deemed non-infectious by a healthcare provider. <i>(Different guidance for Hand-Foot-Mouth, see reference)</i>
Strep Throat	Positive strep cases will be excluded from school until the student has received 12 hours of antibiotic treatment, feels well enough to participate in school activities, and is fever free.
Stomachache / Abdominal Pain	Students should stay home if they are in severe pain, doubled over, crying, screaming, abdominal injury, diarrhea, vomiting, looks or acts ill. Severe abdominal pain should be evaluated by a healthcare provider. Return: when symptoms are improved or resolved.
Vomiting	Exclude if student vomits once <u>and</u> has other signs & symptoms of illness. Exclude for persistent vomiting – defined as 2 or more times in 24 hours and is not from a known condition for which the student has a health plan. Return: when symptom free for 24 hours.
Other health conditions & communicable diseases not referenced in these guidelines	Please contact your assigned school nurse for information on other conditions, communicable diseases, questions, and concerns. School nurses reference the guidelines established by the American Academy of Pediatrics in <i>Managing Infectious Diseases in Child Care and Schools: A Quick Reference Guide</i> for further guidance, and determine next steps for individual students based on their health assessment and nursing judgment.

References:

American Academy of Pediatrics *Managing Infectious Diseases in Child Care and Schools: A Quick Reference Guide*, 6th Edition. T. R. Shope, MD, MPH, FAAP and A.N. Hashikawa, MD, MS, FAAP. 2023