

[thrive] verb.

to grow or develop successfully;  
to flourish or succeed

**Building resilience. Setting goals.  
Making responsible decisions. Resolving conflict.**

All are traits that will help Canyons District students thrive. They also are the aims of CSD's new character-education program – called Thrive Time – created by Canyons District staff and reviewed by a committee of Canyons parents before it was piloted in the 2022-2023 school year.

The field test of a Thrive Time curriculum created by Canyons District specialists was deemed a success. Thrive Time will be implemented on a greater scale this year – in kindergarten through the eighth grades – largely at the request of teachers, who are saying they need help, even at the youngest grades, to address student behaviors.

- Thrive Time meets the state requirement for Canyons to provide character education
- Addresses the various needs of CSD schools
- Reflects the values of the Canyons community.

Research tells us that schools with evidence-based character education and life-skills programs report higher grade-point averages, feel safe and welcoming, have fewer instances of bullying and school-rule infractions, see decreases in levels of depression and expressions of suicide ideation, and note higher levels of student engagement and participation.

Thrive Time is an initiative supporting CSD's newly created Strategic Plan, our course to a brighter future. Under the "Human Centered Supports" Focus Area of the Strategic Plan, Thrive Time heeds the call for supports that make a positive difference and impact for both the individual student and larger overall school community.

SCAN TO  
VIEW MORE,  
GIVE  
FEEDBACK

