



Canyons Functional Vision Program Overview

The Canyons Functional Vision Program is an educational-based program designed and administered by occupational therapists to help strengthen the muscles of the eyes and visual skills in order to improve academic success. This program will be conducted by occupational therapists trained in specific functional vision interventions. In this program, the therapists will focus on the eyes working together in a coordinated manner while completing a variety of motor tasks. The primary components that will be targeted are:

Convergence - the ability of the eyes to work together in order to look at objects up close such as looking at a book or a screen

Saccades - quick movements of the eyes used in reading

Visual Perceptual Skills - skills that enable a child to make sense of and interpret what they are seeing such as matching two objects that are the same and puzzles

The program will be provided during school hours at your child's school. Each session will take approximately 30 minutes and occur once a week for 8-12 weeks. Sessions will include fine and gross motor activities targeting eye muscles and the visual system. A pre and post test will be administered to establish a baseline and track progress. This test will include formal and informal assessments.

If you have any questions or concerns about the program, please email the Functional Vision Team at: FunctionalVisionTeam@canyonsdistrict.org